

**NR\_key\_name:** B72F06DACD3B6CD9852562D9006E76FB  
**SendTo:** Laura\_Stuber @ harkin.senate.gov @ Internet @ WORLDCOM  
**CopyTo:**  
**DisplayBlindCopyTo:**  
**BlindCopyTo:** CN=R econd/O=ARRB  
**From:** CN=Laura Denk/O=ARRB  
**DisplayFromDomain:**  
**DisplayDate:** 02/23/1996  
**DisplayDate\_Time:** 3:13:51 PM  
**ComposedDate:** 02/23/1996  
**ComposedDate\_Time:** 3:06:34 PM  
**Subject:** Re: Hi!

Should you walk on it? Gosh -- I don't know. Probably it is okay to walk on it unless it hurts really bad and then you shouldn't. (Such a precise answer, I know.) Are you sure it is a muscle and not a deeper pain? It seems weird to pull an upper thigh muscle when running. Not to alarm you, but some people get really bad upper upper (aka -- groin) muscle pains when they have stress fractures in the upper thigh or pelvic region. But, I've never actually known anyone to pull their upper thigh muscle while running. Are you sure you weren't playing basketball? (Just kidding...) How is everything at work? I am still horrified about that one woman at your work YELLING at you. That is so outrageous. I know I always say this, but I am still so busy at work. Tell me about Charlie. Have you met his parents yet? (Not that you necessarily want to, but it will ease your Mom's mind.) What is on your agenda for the weekend? Jon is going out of town tomorrow until Sunday and I might go with Colleen to see a movie on Saturday -- there are so many movies I want to see. I know you probably have a date with Charlie, but I figured it was worth asking. Take care of your leg & thanks for the e-mail!  
 To: Laura\_Denk @ jfk-arrb.gov (Laura Denk) @ Internet  
 cc: Laura Denk/ARRB  
 From: Laura\_Stuber @ harkin.senate.gov @ Internet @ WORLDCOM  
 Date: 02/23/96 11:42:04 AM CST  
 Subject: Re: Hi! hi. i have a running question so i thought i would go straight to the running goddess, you. i pulled a muscle in my upper thigh-it hurts when i walk. is it good or bad to walk on it? that's my question. i hope all is well with you. i had a really good time at pizza paradiso. that was very fun. this sounds like we just went out on a date, doesn't it? i have been seeing charlie lots-things are going well with that. i'll talk to you soon. laura \_\_\_\_\_ Reply Separator

\_\_\_\_\_ Subject: Hi! Author: Laura Denk <Laura\_Denk@jfk-arrb.gov> at Internet  
 Date: 12/8/95 9:01 PM Received: by ccmil from mailhost.senate.gov From @gateway.senate.gov: Laura\_Denk@jfk-arrb.gov X-Envelope-From: @gateway.senate.gov: Laura\_Denk@jfk-arrb.gov Received: from gateway.senate.gov by mailhost.senate.gov id ab00229; 8 Dec 95 20:53 EST Received: from safety.worldcom.com by gateway.senate.gov; (5.65v3.0/1.1.8.2/14Sep94-0947PM) id AA21234; Fri, 8 Dec 1995 21:05:46 -0500 Received: (from smtp@localhost) by safety.worldcom.com (8.7.1/8.6.9) id TAA12796 for <Laura\_Stuber@Harkin.Senate.gov>; Fri, 8 Dec 1995 19:35:10 -0600 (CST) Received: from worldcom-18.worldcom.com (198.64.193.9) by safety.worldcom.com viasmap (V1.3) id sma012553; Fri Dec 8 19:32:55 1995 Received: by worldcom-18.worldcom.com (IBM OS/2 SENDMAIL VERSION 1.3.13/3.3) id AA0994; Fri, 08 Dec 95 19:32:51 -0800 Message-Id:

**Body:** <9512090332.AA0994@worldcom-18.worldcom.com> Received: from worldcom with "Lotus Notes Mail  
**recstat:** Record  
**DeliveryPriority:** N  
**DeliveryReport:** B  
**ReturnReceipt:**  
**Categories:**