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Subject: Re: WVa

Thanks for the e-mail. I talked to Colleen last night and told her all of the options. She isn't sure what to do. She has also been talking to other people about going (in the event that I would not go) and said that she will think about it and get back to me. I absolutely promise to let you know more on Wednesday. If you don't hear from me -- call. On another note -- it may not be Deep Creek Lake. I think it is actually Canaan Valley, WV. Is that closer? I started my plethora of New Year's resolutions yesterday. So far, so good. The most important one (and hardest for me to accomplish) is being in bed by 10 p.m. and I did it yesterday. One day down, 359 to go. More tomorrow! bye bye. To: Laura_denk @ jfk-arrr.gov @ internet cc: j @ vt.edu @ internet (bcc: Laura Denk/ARRB) From: jraab @ vt.edu (janice raab) @ Internet @ WORLDCOM Date: 01/06/97 05:00:43 PM CST Subject: WVa Laura
Talked to Ron yesterday. My knowledge of geography strikes again. Deepcreek lake is no where near Blacksburg. As a matter of fact, it is far north and west of here - probably about a 5 hour drive. Ron says it is about 4.5 from f'fax. So anyway, he would be game to go. I am a little neutral after finding out how far it is. If you will go and want us to join you I am much more likely to be up for it. Will have to find dog sitters, but that should not be too tough. Ron would be up for driving with you. I will either take a western route or potentially meet you guys somewhere along your route. It will make the most sense for me to meet you there I think. So keep me posted. We can go either way. Other news. Had a good 6.5 mile run today. Looked at last year's log and am not too depressed. My goal for this year is still to run more consistently. I had many weeks off and many 3 day weeks. Some pretty good periods in there too, however. We'll see. So far, it's looking good. 1500 is a reasonable goal and I should be able to do more than that if I am consistent. That is the key word for this year. Loved our long run on Sun. Looking forward to many more. Talk to you soon. Janice

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