

NR_key_name: 9C7558ECBE668CD78525648F0052836C
SendTo: kkroeger @ aacap.org (Kristin Kroeger) @ INTERNET @ WORLDCOM
CopyTo:
DisplayBlindCopyTo:
BlindCopyTo: CN=R ecord/O=ARRB
From: CN=Laura Denk/O=ARRB
DisplayFromDomain:
DisplayDate: 05/06/1997
DisplayDate_Time: 11:03:24 AM
ComposedDate: 05/06/1997
ComposedDate_Time: 11:01:16 AM
Subject: Re: track on Wenesday?
Maybe -- what time do you think you'll go? You know, I did a workout like that (1 mile x 10 @ 7:30 with 400 rest in between) before Philly & it was actually one of the more fun workouts I've ever done. (Sounds strange, I know) So, I'm inclined to go along. I do have dog-walking issues, though, so I would have to work that out somehow.
To: Laura_Denk @ jfk-arrb.gov @ internetcc: Laura_Denk/ARRB)From: kkroeger @ aacap.org (Kristin Kroeger) @ INTERNET@WORLDCOM Date: 05/06/97 09:45:25 AM CDTSubject: Track on Wenesday?
I'm going to go to the track on Wednesday to do some mile repeats at about a 7:45 pace. If you are interested let me know!
Kristin
Body:
recstat: Record
DeliveryPriority: N
DeliveryReport: B
ReturnReceipt:
Categories: