## THE BLACE VINLT

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\&o: File
Subject: SI and H Experimentation, 13 May 1953

On 13 May 1953, Wednesday, SI and $H$ experimentation and
research was conducted by 4
vand the writer in Room 20, Building 13. Present a
subjects ware the following individuals:

Since this was merely the thrid session for the above mentioned subjects, the first part of the evening was devoted to a general relaxation period in which all subjects participated. Nothing unusual was noted except Fappeared to reach a much better state than she had previously.

Thereafter, a short general discussion, was held by all hands and an a very slow induction usingethe Folish language. This; induction consumed about 35 mimutes and

Following this, to who succeedod in obtaining a medium sleep state. This induction was carried out slowly consuming approximately 30 mimutes of time.

Following this to 4 andith only fair results noted anamears to be an indefinite subject and contimally resists suggestion.)

Since the four tests mentioned apoye consumed most of there session of work, no work was done withe
, who may perhans be a good subject was here in the role of observor and sinder was absent last time, was not required to participate in any way. In general, it may be said the work, was reasonably successful, but the induction time was too slow but in training new subjects, slowinduction is essential. For matter of record, the writer discoveredry -in hard of hearing which complicates her induction. offerod to drop out of the work but the writer advised that she contime for at least two more sessions to see if her inability to hear interferes with her ability to respond to suggestion.

