

NR_key_name: 342468ADA06DE514852566180046CEFF
CN=Marie Fagnant/O=ARRB @ ARRB;CN=Jessica DiFrisco/O=ARRB @ ARRB;CN=Cathy Rodriguez/O=ARRB @ ARRB;CN=Kim Herd/O=ARRB @ ARRB

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From: CN=Sarah Ahmed/O=ARRB

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DisplayDate: 06/03/1998

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Subject: FW: INSTRUCTIONS FOR LIFE. (fwd)
> > INSTRUCTIONS FOR LIFE > > > 1. Give people more than they expect and do it cheerfully. > > > 2. Memorize your favorite poem. > > > 3. Don't believe all you hear, spend all you have or sleep all you want. > > > 4. When you say, "I love you", mean it. > > > 5. When you say, "I'm sorry", look the person in the eye. > > > 6. Be engaged at least six months before you get married. > > > 7. Believe in love at first sight. > > > 8. Never laugh at anyone's dreams. > > > 9. Love deeply and passionately. You might get hurt but it's the only way to live life completely. > > > 10. In disagreements, fight fairly. No name calling. > > > 11. Don't judge people by their relatives. > > > 12. Talk slow but think quick. > > > 13. When someone asks you a question you don't want to answer, smile and ask, "Why do you want to know?". > > > 14. Remember that great love and great achievements involve great risk. > > > 15. Call your mom. > > > 16. Say "bless you" when you hear someone sneeze. > > > 17. When you lose, don't lose the lesson. > > > 18. Remember the three R's: Respect for self; Respect for others; Responsibility for all your actions. > > > 19. Don't let a little dispute injure a great friendship. > > > 20. When you realize you've made a mistake, take immediate steps to correct it. > > > 21. Smile when picking up the phone. The caller will hear it in your voice. > > > 22. Marry a man/woman you love to talk to. As you get older, his conversational skills will be as important as any other. > > > 23. Spend some time alone. > > > 24. Open your arms to change, but don't let go of your values. > > > 25. Remember that silence is sometimes the best answer. > > > 26. Read more books and watch less TV. > > > 27. Live a good, honorable life. Then when you get older and think back, you'll get to enjoy it a second time. > > > 28. Trust in God but lock your car. > > > 29. A loving atmosphere in your home is so important. Do all you can to create a tranquil harmonious home. > > > 30. In disagreements with loved ones, deal with the current situation. > > Don't bring up the past. > > > 31. Read between the lines. > > > 32. Share your knowledge. It's a way to achieve immortality. > > > 33. Be gentle with the earth. > > > 34. Pray -- there's immeasurable power in it. > > > 35. Never interrupt when you are being flattered. > > > 36. Mind your own business. > > > 37. Don't trust a LOVER who doesn't close his/her eyes when you kiss THEM. > > > 38. Once a year, go someplace you've never been before. > > > 39. If you make a lot of money, put it to use helping others while you are living. That is wealth's greatest satisfaction. > > > 40. Remember that not getting what you want is sometimes a stroke of luck. > > > 41. Learn the rules then break some. > > > 42. Remember that the best relationship is one where your love for each other is greater than your need for each other. > > > 43. Judge your success by what you had to give up in order to get it. > > > 44. Remember that your character is your destiny. > > > 45. Approach love and cooking with reckless abandon. > >

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